

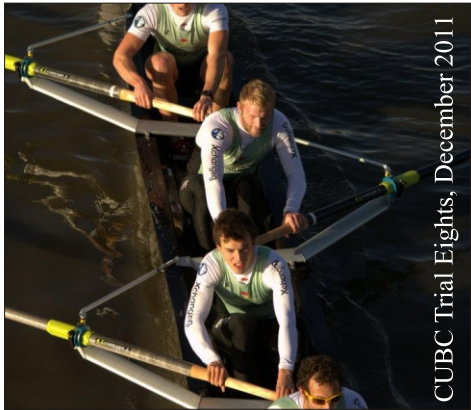
again in the near future. Nonesuch Visitors' four at HRR 2013 anybody?!

What next?

I am currently looking to restart a career in the Civil Engineering/Renewable Energy field.

I'm often asked "how do you contact Phil?" Your fan club want to speak to you.

I know, I know, I am bloody useless at getting hold of! This is something that I am working on... turning my phone from 'silent' to 'normal' could be a start. Other than that, how about the next Nonesuch social - I will definitely be there! Get organising :)



CUBC Trial Eights, December 2011



CUBC Trial Eights, December 2011



UBBC Novice crew with interviewer and interviewee in the stern pair, 2005

Nonesuch Boat Club - How can I get involved?

All members of the alumni are welcome; please get in touch through the usual channels, contact details are shown in the committee section.

Events for 2013:

- Veterans Head of the River
- Henley Royal Regatta
- Got an idea? Please get in touch...

How can I keep up to date between newsletters?

Online <http://ubbconline.co.uk/alumni.html>

We are now present on all of the major social networking sites:

Facebook: search for 'Nonesuch BC'

LinkedIn: search for 'University of Bristol Boat Club Alumni'

Twitter: <http://twitter.com/NonesuchBC>

Where can I buy Alumni blazers and ties?

Please contact the UBBC kit officer / club captain. Their contact details are on the UBBC website: <http://ubbconline.co.uk/contact.html>



UBBC Jackets

UNIVERSITY OF BRISTOL BOAT CLUB ALUMNI



Henley Royal Regatta 2012, Thames Challenge Cup final

AUTUMN 2012

Chairman's Message

Bravo the Olympics, bravo the University and bravo Sports England. Imagine that, a new boat house! I think it is safe to say that no one alive has seen a new UBBC boat house. Thank you to all Alumni who contributed so generously. At last, what a great result and fantastic news after a difficult end to the season...

Just downstream of Temple Island, the river widens taking advantage of the flood meadows on either side. During Regatta, this also marks the start of the reserved rowing lane past the Island and into the warm up area. Marked off by buoys their line is secured by a pile driven in each year as part of Regatta preparations.

As you will read elsewhere, this was the point at which the Bristol entry into the Temple Challenge Cup, indifficult, blustery, high stream

conditions, sadly came to grief. Traumatic at the time for cox, coach and crew it is some, if little, compensation that they were to be an expected contender. Next Regatta...

What was impressive about HRR 2012 is that there were three VIIIs entered into Qualifying races, a 2nd VIII and a seasoned 'Nonesuch' crew both are to be congratulated. 'Nonesuch' missed out by four crews, the 2nd VIII coming in the middle of the non qualifying pack. Creditable performances despite the result.

Even so, the Saturday Pimm's Tea Party was well attended and it really is a pleasure to meet both recent and less recent members of the Club think about coming next year!

Pull hard.

Chris Hartley

We welcome all content from any of our readers.

If you would like to update us on any of your exploits since your days as a UBBC athlete please contact Adam Mackenzie

(Details on Page 1)

Social Networks



Details on Page 12

Sport England agrees to give £150,000 needed for project
University to get new £1 million boathouse

A NEW £1 million boathouse at Saltford for Bristol University can be built after Sport England agreed to give the remaining £150,000 that was needed to go ahead with the project.

The existing boathouses are more than 100 years old and falling into disrepair.

It is hoped the new facilities will help to put Bristol among the top three universities at rowing within the next three years.

The project is being organised in partnership with Avon County Rowing Club and Monkton Combe School in Bath.

Olympic medallist Natasha Danvers, right, and Sport England yesterday revealed 17 community sports projects in the West of England which have secured Olympic legacy funding.

It is part of Sport England's programme to deliver a London 2012 legacy of increased participation in sport.

The university secured the remaining funding as part of a major fundraising programme to transform the



site which already has planning permission. Monkton Combe School has committed £400,000 and the rowing club, £200,000.

Work will begin on site later this year with building set to take up to nine months.

The university's Centenary Boat House Campaign was launched in 2009 and since then, funding has been secured from Bristol Boat Club Alumni, friends of the university and The John Rutley Sports Fund.

Bristol Evening Post, July 2012

Key Dates

2012/13

3 November
Bristol Reds' Dinner

17 November
UBBC Head Race and Ball

7 December
Alumni drinks, London

23 March
Head of the River, London

TBA
Varsity Boat Race, Bristol

15-16 June
Marlow Regatta, Dorney Lake

3-7 July
Henley Royal Regatta

UBBC Alumni Drinks,
during the Saturday
afternoon tea break at
Henley:

6 July
Lion's Meadow, Henley
Royal Regatta.



**The UBBC Alumni
Newsletter is the
occasional private organ
of the UBBC Alumni**

ALUMNI CONTACTS

Tom Davies, Treasurer
Thomas.Davies@ubs.com

Dan Hatfield, Deputy Chairman
Hatfields98@aol.com

David Phillips, Fundraising
David.Phillips@herbertsmith.com

Edward Renwick, Secretary
ejrenwick@yahoo.co.uk

Martin Williams, Alumni Rowing
martin_d_williams@talk21.com

Adam Mackenzie, Newsletter
Adam.Mackenzie@barcap.com

Matthew Ridley, Membership
MRidley@boulton.com

Peter Randolph, Nonesuch BC
PRandolph@jamescowper.co.uk

Please feel free to contact
any of the steering group at the
above email addresses, or
alternatively, write to us at:

UBBC Alumni
C/o University of Bristol
Alumni Office
Senate House
Tyndall Avenue
Bristol BS8 1TH



Prizegiving, Henley Royal Regatta 2012

Did you come into much contact with
any Blu-Tack?

Enough to stick up a fair few posters.

Is it true that outside of Bristol, other
rowing clubs don't do 24km outings
three times a week?

The only training program that I've
been on which has 24km water
outings as well as Bristol is at
Cambridge. The work at Molesey
was at a higher intensity but over
shorter distances.

Did you have to spend much time
deliberating which Thames Cup crew
to choose for Henley 2012?

It was indeed very hard to turn down
the Nonesuch invite. I am free next
year if anyone is interested?!

How much to you attribute Gordon
Trevett's coaching and scientific
approach to rowing to your Henley
win?

Gordon has a huge part to play in my
Henley win; without my success at
UBBC I would not have carried on
rowing after graduation. His hard-
line coaching and training program
enabled me to achieve my potential.
Gordon is an incredibly good

technical coach, he has a very good
eye but he is also an incredible
motivator and beyond most coaches
he also acted as my mentor giving me
one-on-one guidance when he could
see that I was diverging from
achieving my goals (and perhaps
going out too much). For such a big
guy and tough appearance you come
to realise he has a heart of gold and is
incredibly genuine. I cannot sing the
guy enough praise.

Other good coaches I've had would be
all of them each in their own way... I
think that as an athlete it is your own
responsibility to get the best out of
your coach and not just solely the
coach's responsibility. Each has their
own slightly different way of doing
things but ultimately the combined
efforts of coach and athlete make the
boat go as fast as it possibly can.

What was it like beating your old
crew mate in the Henley final?

From the experience of Goldie/Isis
race I knew not to expect an outcome
before any race, however fast you
think you are going. You don't
deserve anything on race day no
matter how hard you have trained or
think you have trained.

I remember not allowing myself to
think about the fact that I was racing
against my friend and old crewmate

Ben and didn't dare allow myself to
think of the possibility of winning.
All I knew is that we would be hard
crew to beat if we executed our race
plan and so that was the sole focus for
that race. Execute the race plan and
nothing else matters.

The was a bit of tension between the
two crews lining up on the start for
various reasons one of the guys in
our Molesey crew actually lived with
two of the Thames crew and so we
knew a lot of chat would be thrown
our way. We decided as a crew before
the final to stay in our bubble and not
make any backhand comments or
boat banging on the start and to
instead use theirs to fuel our
aggression for the race, the black
death being a silent killer after all, we
felt this quite appropriate.

Crossing the finish line was bizarre...
first it was a release of pretty primal
rage and aggression towards our
opponents (having stored up the
anger) but also then a realisation that
you have won and relief was the
overarching feeling and that
everything had paid off - eventually.

After collecting your Henley winner's
medal, were the celebrations worth
the three month ban on alcohol which
you had self-imposed?

I can't say that I remember much! I
had been given an old boy's Molesey
blazer for the evening and not long
after donning the jacket a bird (flying
variety) took the opportunity to dump
on me. My final recollection of the
evening, most likely around 7pm,
was receiving some odd looks when I
was washing this jacket in the
Leander sinks.

You once wanted to be a professional
cyclist. How is that going?

I'm far too fat and heavy to be a pro
cyclist..! Rowing is taking a back
seat for the next year or so while I get
my career sorted, although I will
almost certainly be back on the water

Are Friday nights still proving problematic to your rowing career? I vividly remember searching the city centre for you one morning. We found you looking disorientated and dishevelled in last night's clothes, slurring into your mobile phone and clutching a pair of boxer shorts in the other hand.

Haha! That was a particularly big Friday night. I feel sorry for the poor guy who had to lend me a lycra for training that morning. The crew had tried to sneak me past Gordon when we arrived at Saltford but I was pure cannon fodder for him out on the water, hearing “Phil, you're late! Phil, you're late! Phil, you're laaate!” every stroke for a 24km outing quickly taught me to tone down my socialising. G had this uncanny skill in knowing if I had been out the night before, probably from the paleness of my face.



What was the highlight of your rowing career at Bristol?

Looking back now (although not at the time!) a highlight of my time at Bristol was in fact from losing a race. It was the Friday of Henley 2007 in the Temple Challenge Cup in a close fought race against the Cornell lightweights. We had a very successful season that year and the month leading up to the race we started moving very sweetly as a crew, credit to Gordon. I don't think I have been in a race or a crew to this day which has committed so much to any race, being level the whole way down the course we eked out a one-quarter length lead with twenty strokes to go, only to cross the line in second place - a really painful experience both physically and mentally. Five years on, it was an absolute pleasure to be a part of and will certainly stay with me for the rest of my life.

Evaluating my more recent experiences; rowing for Goldie and winning Henley with Molesey, has helped me to realise that sometimes the most powerful lasting memories come from losing races. Losing the Goldie/Isis race was a hard pill for me to swallow at the time. Being in the Blue boat for much of the season and eventually missing out was tough, but also as a crew completely failing to execute our race plan on the day after a great build up - we handed it to our Blue boat five days before the Boat Race, in a fixture from Putney to St. Pauls. The disappointment acted as fuel for me to continue my season and eventually lead me back to my old club Molesey, every cloud has a silver lining I guess...

Does it annoy you that you had to complete your housemate's entire research project whilst in your final year at Bristol?

Sadly at Cambridge I only had myself to do the work!

Just how hard is it to combine studying for a Masters degree and rowing in the Blue Boat squad at Cambridge?

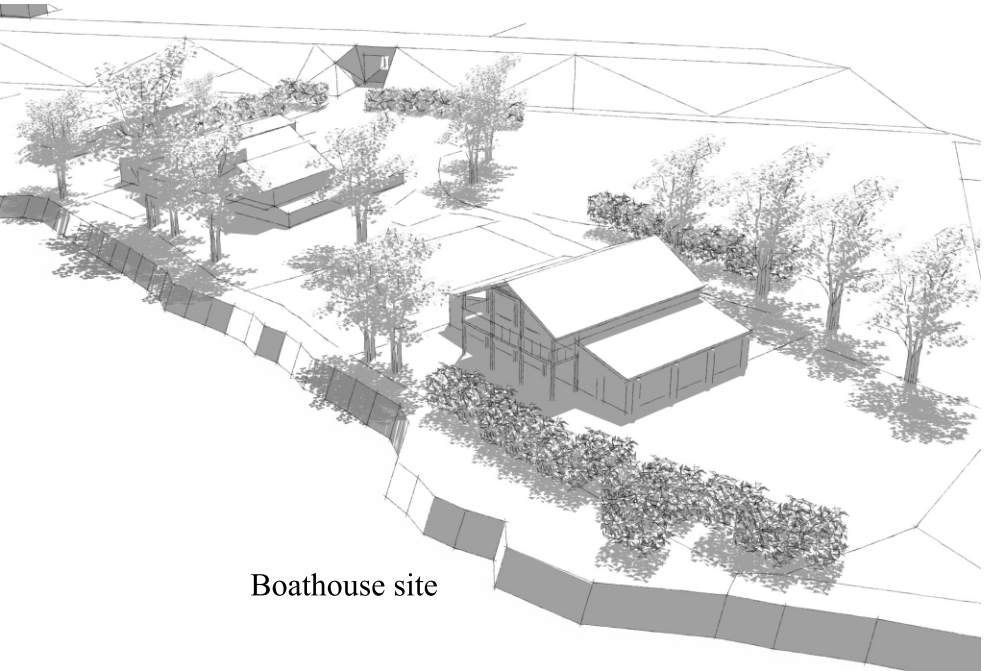
Without divulging too much of the training program, every morning before lectures is normally spent land training (ergos) and about three hours of each afternoon are spent on the water at Ely, a half-hour drive away, so you could forget going to any afternoon lectures. A lot of weekends are spent on the Tideway down in London so normally the only time to do work was in the weekday evenings or by missing lectures during the morning. The lecturers became used to it, some were more lenient than others, and all in all I was pretty lucky. My only regret is that I didn't get much of a chance to spend time with my course mates who were all awesome, mostly foreign and all very interested in my rowing escapades.

New Boathouse

The fundraising process for the new Boathouse at Saltford has required effort, commitment and faith in the ultimate result just like training to win a race. And just like in training we've all experienced good and bad days, but what counts is that we've got there at last. With the project now fully funded, UBBC will finally be able to boast first-rate facilities to complement its wonderful rowing heritage and high standards of coaching. What a wonderful result we have been able to achieve together!

Looking back, it is most appropriate to split the fundraising process into two phases, the former beginning in earnest back in 2005 and including the much-celebrated Leander dinner, and the more recent 'final-push', which has seen the fundraising target of £400,000 finally achieved.

The first £280,000 was raised between 2005 and 2011 through a variety of initiatives and sources. Special thanks must go to John Rutley, Executive Chairman of Bristol based A-Gas International, the largest individual donor, to two other major donors who prefer to remain anonymous, and to the late John Pool (Hon MA 1995) and his family, who bequeathed a generous legacy gift to the project. Perhaps the standout moment of the first fundraising push was the aforementioned Leander dinner, championed and driven throughout by Chris Hartley (BSc 1983) who captained UBBC in 1982 and 1983 and who is currently the Chairman of the UBBC Alumni Committee. Held during Henley Regatta week in July 2010, and raising a total of £25,000, the dinner was attended by some 90 alumni (many more would have liked to attend, but unfortunately there wasn't enough room), and included a unique raffle offering some outstanding prizes from an all fees paid trip to Sydney, to salmon fishing in a private river in Scotland, to the opportunity of winning one's own weight and height in wine, to mention but a few of the prizes.



Boathouse site

It is entirely appropriate at this point to thank wholeheartedly the generosity of the UBBC Alumni for their significant role in contributing during both fundraising phases. In particular, for the leadership and drive given to the process and personal generosity, the name of Chris Hartley must be mentioned again, as well as those of fellow committee members Tom Davies and David Phillips, who have been outstanding champions throughout both phases of fundraising.

Following an agreement being finalised earlier in 2012 with Monkton Combe School and Avon County Rowing Club, the other two parties involved with the provision of

Boathouse facilities project at Saltford, a final target of £400,000 was set for Bristol, meaning the shortfall stood at £120,000. The 'final push' began with a letter appeal, made jointly by Simon Hinks (Director of Sport) and Gordon Trevett (Director of Rowing), in May. This raised just under £5,000, to which over £18,000 was added through a number of generous alumni gifts, also thanks to the encouragement of Tom Davies and David Phillips. Finally, a commitment of £50,000 by the University was matched in amount by Bristol's share of a major Sport England grant, awarded in July, which saw the project fundraising crossing the finish line in glorious style!



Artist's impression of the new Boathouse site

Universities of the West
of England and Bristol
crews

In 1982, a young good looking chap on the smaller side, wrote to the Club offering his services as a cox. He explained that he had formerly coxed for 'The School' and was now studying at Bristol Polytechnic. Despite an inability to find 'The School' on any atlas, Alan Cainey turned out to be a very good cox indeed. He went on to cox the first Bristol 1st VIII to row at Henley for approximately 25 years.

Alan was one in a long line of distinguished athletes who studied at Bristol Poly and then UWE but who raced with University of Bristol crews. Perhaps the strongest example of this was the composite crew who toured the American Ivy League Universities in 1984. Beating all comers, with the exception of an agreed draw with the Harvard Heavyweights, this crew also won the Head of the Potomac outright Washington's premier head race.

Almost thirty years after that tour, a significant trophy and stand is to be presented later this year. To be raced for by the two Universities at the annual Varsity race, a magnificent three-handled solid silver Edwardian trophy is in the process of being engraved with the University crests. The stand, featuring rare wood and a silver band (to be engraved annually with the wining Captain and Club), has been commissioned from Henwood & Dean, the Henley wooden boat builders and restorers.

The trophy is to be presented by Chris Hartley to mark both his 30 plus years involvement with the Club and before that, his father's own involvement with rowing at Bristol. The stand is to be presented on behalf of that joint USA touring crew of 1984.

Photographs and more detail will be available for the next edition.

Chris Hartley



Adam Moss reclaiming the Varsity blade, 2012



Existing boathouse

Work will begin on-site later this year, with building set to take between six to nine months. The project comprises two new boathouses in Saltford, with facilities spanning 346 square metres. The amenities will include changing rooms, a gymnasium, clubhouse area, kitchen, office, meeting room and, of course, a gallery. Many, many thanks once again on behalf of the new generations of student rowers, and to all those who have contributed their gifts, time and effort into making this project a reality.

But we can't stop here! Now that we can look forward to fantastic facilities, we must turn our attention to the future of rowing coaching at Bristol, given that GForce (a.k.a. our very own Gordon Trevett!) will want to pass the baton to an equally outstanding coach at some point in the future. If we are not to undo the unbelievable progress that Gordon has achieved in his time here, we must secure the future of coaching for UBBC. If you think back to the astonishing summer of sport we've had, and the mind-blowing results of the GB Rowing Team, rest assured that, with the right level of investment, Bristol will provide even more world class rowers to make us proud again. Coaching is crucial in achieving this level of results. If you are interested in supporting these efforts, please contact a UBBC Alumni Committee member, or greg.spencer@bristol.ac.uk in the University's Campaigns and Alumni Relations Office.

Greg Spencer

UBBC Women
- a Roundup

The Senior Women's Squad in 2009/10 was incredibly enthusiastic as the year began. Unfortunately, what we had in enthusiasm, we lacked in skill as the majority of us had just progressed from the novice squad. Nonetheless, we trained hard and were joined by Ed Fenn who took over the coaching of our squad. Over the year Ed overhauled the rowing technique of almost every rower in numerous long (and dull) water outings and we slowly began to improve. As summer approached we had our first significant success at BUCS Regatta where we were all incredibly surprised to win gold in the Intermediate VIIIs division. Following this success we stormed through an unbeaten season to finish with a win in the PwC Academic Intermediate VIIIs at Henley Women's Regatta. This final win at Henley was achieved despite having lost a key member of the VIII and at the last minute having to recruit a keen novice!

The challenge in the 2010/11 year of Senior Women's rowing was to keep up the fantastic progression that had been made before as we were now in a higher level of competition in all our races. We kept the motivation high and succeeded to get a medal (Bronze) in Champ VIIIs at BUCS Head. At BUCS Regatta we came 5th in Champ VIIIs after a difficult race in awful conditions on the



[L-R] Sinead, Caroline and Stacey Crocker with Gordon Trevett

notorious Holme Pierrepont lake in Nottingham. This was good enough to get us entry to EUSA. The European University Rowing Championships in 2011 were held in Moscow so this is where we headed with our brand new Wintech VIII that summer. This was a great trip, an incredible experience, and we rowed pretty well too managing to come fifth, only 3 seconds behind Cambridge!

This left a lot to be built upon last year; we had very high goals and unfortunately didn't quite manage to accomplish all of them. We had two great training camps alongside the men's squad again, both in the South of France, the latter containing a very competitive Easter egg hunt.

The biggest success of this year was definitely Kate Parrish's phenomenal racing, winning gold in the lightweight single sculls event at BUCS Regatta, as well as many other wins and great performances.



Women's 1st VIII, EUSA training, September 2011

We both had a great time rowing at UBBC. Long winter training sessions in the snow and rain in Saltford, hazy nights in Lizard Lounge and winning Henley Women's Regatta are just some of the contrasting memories we have left with. We would like to thank all the Alumni who have contributed to the boat club over the years and who recently made it possible for us to purchase a much needed Senior Women's VIII.

We hope to see you all at the upcoming Head Race Ball on November 17th 2012!

Caroline Emslie Women's Captain 2009-2011
Sinead Connell Women's Captain 2011-2012

View from the Launch

What a year! Talk about the highs and lows of sport. Our First VIII rating 36 strokes per minute hit a pole in the water at Henley Royal Regatta and all stroke side riggers were ripped off, oars broken and our coxswain taken off to hospital. That was the first time in nine years we had not raced in the Temple Challenge Cup. The guys were gutted. The coxswain thankfully was not permanently injured. The boat suffered major trauma but is being fixed by Eric Sims it was not a complete write off. We are trying to buy a new VIII for next year. After the accident, a very high bright orange extension was put on top of the pole so that it could be seen easily. This was a bit too late for us.

Trying to buy a new VIII is very difficult especially with the good news that we will start building the new boathouse in October, and fundraising continues to raise the remaining amount that we need to make it fully funded. If you would



like to buy a room in the clubhouse with your name on the door or a boat bay named after you or a new VIII then please get in touch with me.

The season this year has seen a lot of variety. Our head races were quite successful with a third place at the Kingston Head and 49th in the HORR. We won our own head race back in November beating a very strong Southampton crew. After the head race season we lost our stroke to a medical elective in Fiji and a very strong member of the crew to study pressures. We had to swap two bow side people over to stroke side which took a long time to adjust to, by Henley though we were flying. We lost the toss in the Varsity but still won the series 3-2. Our senior women, men's novices, and alumni crew performed brilliantly. Having an alumni Nonesuch BC crew trying to qualify at Henley in the Thames Cup was fantastic and a real highlight for me. We had a Nonesuch crew in the Veteran's Head and they were only 3 seconds behind the winners. The fact they were all hung over from the night before did not help their rowing after the first mile... You booze, you lose! I sincerely hope Nonesuch carries on and enters many more events. It has added a whole new dimension to UBBC.

Our women's VIII performed extremely well this year and were

very competitive this time in the senior ranks. This was our first year in the seniors which particularly this year was really tough. Kate Parrish distinguished herself by being selected for the full length of GB U23 LW sculling trials. Kate narrowly missed out on World U23 selection. She will be able to have another go next year. Kate got a Bristol Red together with Andy Parrish and Andy Turner at a great celebration in the Orangery at Goldney Hall.

Both our novice men and women performed at the highest university level against our competitors. Once again we were in the top five.

When I look at it objectively at senior level it has been a lean year this year compared to the heights we have reached in previous years. We are in a crew rebuilding phase and a new cycle has started. We are very dependent upon what experienced senior intake we get at fresher's each year, and the strong development of both our men and women novices.

Our goals remain to win Henley, win BUCS, and get as many rowers to represent GB at various levels. It is interesting to note that Phil Williams who learnt to row at Bristol and rowed for us for 4 years in many successful UBBC crews was the 7 man in the Molesey crew that won the Thames Cup at Henley this year. Phil

was also in the Goldie crew for the boat race earlier in the year after narrowly missing out on the Cambridge blue boat. My sincere thanks go to Adam Moss, and all of this year's committee, our very hard working volunteer coaches, the parents who have supported all our racing this year with both food and vocal support, and to you all our alumni for the very strong support you have continued to show in many, many ways.

Gordon Trevett
Director of Rowing



Gordon with Matt Paine, Sport High Performance Officer, in front of Gloriana at Henley Royal Regatta, 2012

Out with the old...

Every year one of club's main drivers and motivations is to win the coveted blade against UWE at Varsity, when we secured victory this year I could finally breathe a massive sigh of relief! My year as club captain could without doubt be described as challenging, hectic and on just a few occasions stressful. To name just a few examples; our towing vehicle being written off by vandals, drifting down the river in broken coaching launches and the brakes failing whilst driving the club's trusty minibus! Despite all of this I am pleased to say it has been a great year, all of the club survived and I only have a few grey

hairs to show for it. In fact it was the most enjoyable time of my four years at Bristol and has been a pleasure to work with such a dedicated committee helping to run the club.

Something UBBC should be extremely proud of is our programme for novice rowers. Entirely run by students, I have been astounded every year at their standard of rowing after just one year. This year was no exception and I hope I can come back to UBBC in the coming years to see them succeeding in senior crews.

Of course the big news this year is the securing of the remaining funding for the new boat house development. There has been a huge amount of work at the university from Gordon and others at the sports centre in what has been a very complex project so far to say the least! It will make an immeasurable difference to the club and I am already looking forward to returning to the club to see the progress when building commences. I am pleased to hand over my roles to Chris (yet another engineer as club captain!) who is extremely capable and highly motivated and I wish him and UBBC a very successful year.

Adam Moss
Club Captain 2011/12

In with the new...

After another good year for UBBC under the great captaincy of Adam Moss, taking over the reins comes with a bit of pressure after seeing how much time and effort Adam had to put in. At the end of my first day in the new role with the men's first VIII boat in pieces, it quickly became clear that there was not going to be much time for having a break from rowing. But along with this bad news came the brilliant news of developments with regard to the new boathouse. With the boathouse being hopefully finished

sometime approaching the summer regatta season it is vital that UBBC has another great year of results to ensure that we can set ourselves up for the future as one of the top rowing universities in the country with some of the best facilities.

There are several parts of the club I want to work upon this year; one strategy will be targeting talented school rowers. By looking at both national competition results and also national indoor competitions we will be sending out information to try and sell UBBC to young rowers who are showing good potential. We will also be targeting novices who show key physical attributes, in the first few days of their time at Bristol. By having some representation of UBBC at various open and interview days where we can give out information about the club well before the carnage of Freshers' fair, we hope they will consider joining UBBC the following year.

Another positive thing for Bristol is the BUCS indoor rowing event which we have successfully won the bid for to host this autumn. This combined with another successful Head Race should hopefully provide some vital income which unfortunately all may have to be used to cover the club's insurance bill, as the Students' Union are no longer happy to help fund this.

Overall I feel confident that we have a great year ahead, I will be backed up by a very strong committee with the same goals to see UBBC perform great things.

Hope to see you at the Head Race ball on November 17th.

Chris Scrimshaw
Club Captain 2012/13